

**ORGANIC CONVERSATION (WHAT SPOKE TO YOU FROM THIS WEEK'S WORSHIP GATHERING?)**

*Were you challenged or encouraged in any way? How?  
Have you seen anything play out in your life recently?*

**FROM HEAD → HEART → HANDS (MAKING IT REAL)**

“Do you trust me?” It’s the question Aladdin asks Jasmine in Disney’s *Aladdin* when he holds out his hand. It’s the same question that God asks us all the time as he invites into impossible places – “Do you trust me?”

It’s much easier to answer this question from places of comfort, but takes on a whole new weight when we’re faced with life’s challenges.

*What situations have you/are you facing right now that God is saying in the midst of it all, “Do you trust me?” What has been your answer up to this point? What if things get worse? Will you let go of His hand?*

**\*\*Remember:** our Connect Group families are places to be transparent, allowing the chinks in our armor to be exposed so those around us can love us into greater faith and freedom! As family, be quick to listen and slow to judge, waiting for God’s way of encouraging and challenging.

**THE THREADS OF SCRIPTURE (ADDITIONAL BIBLE PASSAGES FOR STUDY/DISCUSSION)**

*Scripture:* Read Philippians 4:6-7

“Taking care of our bodies and minds” is one of the ways we flesh out the “Trusting Faithfully” measure.

*For you, which of these tends to be less willing to come under the freedom Jesus purchased for us? (ie “eating healthy”, “anxious thoughts”)*

*Do you notice how your relationship with Jesus is affected when one of these areas isn’t healthy? How? What needs to change?*

**STEP-BY-STEP (WHAT NOW?)**

While conversation is good, we want to see our lives changed by God!  
What is God calling you to do in response to His Word?

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